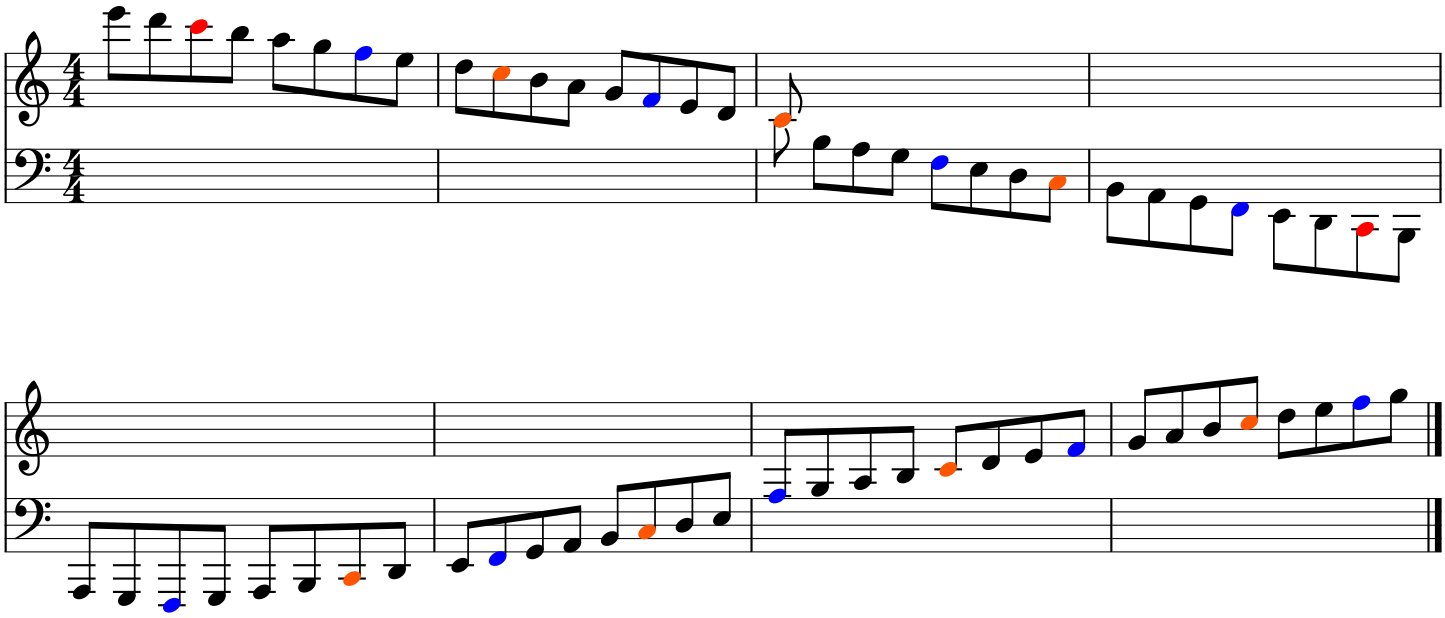ヘ音記号の練習